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VISION

To achieve excellence in academics and research in pharmaceutical sciences with high degree of professional and ethical standards.

MISSION

To create an environment conducive for pursuing quality education and research in pharmaceutical sciences enabling the students and teachers attain high degree of competence to play a key role in national health mission.

'For Private Circulation Only'



The NGSMIPS Herald

The Official news letter of the Nitte Gulabi Shetty Memorial
Institute of Pharmaceutical Sciences, Mangaluru



UG course
accredited by NBA



NGSM Institute of Pharmaceutical Sciences

(A constituent Institute of Nitte (Deemed to be University))

Placed under Category "A" by MHRD, Govt. of India

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UG program accredited by NBA

College Activities



Orientation Day



Teacher Award



World Heart Day



World patient safety day & 2nd National pharmacovigilance week



Vanamahotsava and NSS Day



Independence day



World Pharmacist Day



Farewell 2022



World Patient Safety Day



Dr. Pukar Khanal
Assistant Professor
Department of Pharmacology

Campus Buzz

World Patient Safety Day & 2nd National Pharmacovigilance Week

The Adverse Drug Reaction Monitoring Centre (AMC), Justice K S Hegde Charitable Hospital, NGSMIPS, KSHEMA, Nitte DU, Mangaluru celebrated the World Patient Safety Day on 17th September 2022 and 2nd National Pharmacovigilance Week between 17th - 23rd September 2022 under the theme of "Encouraging Reporting of ADR by Patients". During this week the AMC organised Quiz Competition, Skit Competition and Oral Presentation were planned as part of the week-long event. Competitions were under the topics, namely: 'Medication Safety', 'Encouraging Reporting of ADR by Patients', 'Role of Consumer Reporting in Pharmacovigilance'. On 17th September 2022, the inauguration of Pharmacovigilance week was held at the Glasshouse of Justice K S Hegde Charitable Hospital and celebrated the World Patient Safety Day. Prof. Dr. C. S. Shastri, Principal, NGSMIPS delivered the opening remark. The chief guest for the day was Prof. Dr. Satheesh Kumar Bhandary, Vice-Chancellor, Nitte DU. The guest of honour was Prof. Dr. Sumalatha R. Shetty, Medical Superintendent. Dr. Ravichandra K, Additional Professor, Department of Pharmacology, KSHEMA, proposed the vote of thanks. Prof. Dr. U.S. Krishna Nayak, Principal & Dean, A B Shetty Memorial Institute of Dental Sciences, Nitte (DU), Mangaluru was the chief guest for the valedictory function. The Valedictory program began with an invocation song by Ms. Deeptha, Pharm.D IV Year Student, followed by the welcome address by Dr. Uday Venkat Mateti, Deputy Coordinator, AMC, Justice K S Hegde Charitable Hospital, Nitte (DU), Mangaluru. Dr. Chaitrashree, Asst. Professor, Dept. of Pharmacy Practice, NGSMIPS briefly summarized the events of the National Pharmacovigilance week before the beginning of the valedictory function. Dr. Praneetha Jain, Asst. Professor, Dept. of Pharmacy Practice, NGSMIPS the program's MC, announced the winners of various events conducted during the 2nd National Pharmacovigilance Week, and prizes were distributed. Prof (Dr.) C. S Shastri spoke on the importance of reporting ADRs and patient safety. Dr. Sacchidanada Adiga, Professor, Dept. of Pharmacology, KSHEMA proposed the vote of thanks and acknowledged the contribution of all faculty members, judges, evaluators, hospital authorities, and participants towards making the National Pharmacovigilance Week a grand success. Prof. Dr. U.S. Krishna Nayak, Principal & Dean, AB Shetty

Memorial Institute of Dental Sciences, Nitte (Deemed to be University), Mangaluru was the chief guest for the valedictory function. Prof. Dr. C.S. Shastri, Principal, NGSMIPS, Nitte DU, Mangaluru presided over the program.

Guest Lectures / Expert Lectures / Webinars

- The Department of Pharmacognosy, NGSMIPS organized a guest lecture on 'Ayurveda: an evidence-based science of life with translational value' by Dr. Sathyanarayana B, Principal, Muniyal Institute of Ayurveda Medical Sciences, Manipal on 23rd July 2022. He briefed about the basics of ayurveda and its role on human health. He also presented and explained several research articles and discussed about different type of ayurvedic formulations. The session had an active participation of 150 members involving the teaching, non-teaching staff and students of the institute and group institutions of the university.
- The Department of Pharmacy Practice, NGSMIPS organized a webinar on 'Importance of Profession Ready Training in Clinical Research and Pharmacovigilance' on the 29th July 2022 by Mr. Anuj Tripathi Founder and CEO of CLINI India. He gave a brief presentation on the importance of clinical research and pharmacovigilance. He also shared his thoughts on aspects like, why India is considered the favourite hub for clinical research, the role of clinical research in the assessment of new drugs, the new use of existing drugs and new vaccines, etc. He also overviewed various job roles in pharmacovigilance and the qualifications required for these job roles. The session had the active participation of the faculty members as well as the students.

Farewell 2022

Farewell programme, ALVIDA -2022 was organized by juniors, teaching and non-teaching staff of NGSMIPS at K S Hegde Auditorium, KSHEMA for all the outgoing batches of B. Pharm, M. Pharm, D. Pharm and Pharm.D on 9th July 2022. The Chief Guest Dr. M. S. Moodithaya and Guest of Honour Mr. Prasanna Kailaje were welcomed by the Principal, Dr. C. S. Shastri and Vice principal, Dr. Naryana R Charyulu. Principal and the chief guests addressed the gathering and guided the student regarding the future prospective and also wished good luck to all the outgoing students for their future endeavours. The best outgoing students were then awarded by the guests based on their academic excellence and participation in curricular and

extracurricular activities. The students then played games and arranged cultural events as informal programme. D. J. Rishab took over the stage with his foot tapping music. At the end of the day everyone bid farewell to the outgoing batch with great enthusiasm and of course nostalgia.

Orientation Day

Introducing the first year B. Pharm and Pharm. D students to the study environment, rules and regulations of the institution was done through an orientation program on 1st August 2022. Prof. Dr. Satheesh Kumar Bhandary, Vice Chancellor, Nitte DU was the chief guest along with Prof. Dr. M. S. Moodithaya, Pro Vice Chancellor, Nitte DU as the Guest of Honour. The Principal, Prof. Dr. C. S. Shastry inaugurated the event and introduced about the specialization branches and the preparations that the students should make to excel in studies and training. The programme was organised by Dr. Chaitrashree, Assistant Professor, Department of Pharmacy Practice. The event concluded with a vote of thanks from Dr. Prerana Shetty, Associate Professor, Department of Pharmaceutical Chemistry.

Swachh Bharat Abhiyaan

NSS Unit of NGSMIPS organized Swachh Bharat Abhiyaan to observe 'Swachhta Pakhwada' to celebrate 'Azadi Ka Amrit Mahotsav' on 13th August 2022 initiated by government of India to celebrate glorious 75 years of Indian Independence. The programme was inaugurated at the college campus by Prof. Dr. C. S. Shastry, Principal, NGSMIPS. He gave a brief speech on continuous cleanliness awareness programme to build our country with less-pollution and healthy environment. Dr. Santanu Saha, NSS programme officer along with teaching and non-teaching staff joined the NSS volunteers to clean in and around area of the campus. At the end of the cleaning program the collected waste were segregated and disposed properly.

Independence Day

The 75th Independence Day was celebrated on 15th August 2022. The chief guest Padmashree awardee, Shri Amai Mahalinga Nayak, hoisted the national flag. Prof. Dr. Indrani Karunasagar, Director (Projects & DST-TEC), Nitte DU was the guest of honour. The Principal Prof. Dr. C. S. Shastry addressed the gathering followed by speech of the guest of honour. The programme ended with the National Anthem. Sweets were distributed to all those present.

Vanamahotsava and NSS Day

NSS Unit of NGSMIPS organized Vanamahotsava to observe NSS Day on 24th September 2022 in the college campus. The Principal Prof. Dr. C. S. Shastry inaugurated the program and by planting a sapling he explained the importance of the day and motivated the staff and students to actively participate and contribute in improving green cover and said that it should be a regular and willing activity. Teaching and non-teaching staff and students also planted saplings. Dr. Santanu, NSS Programme officer, members of NSS Unit, the staff and students attended the programme.

World Pharmacist Day

An event was held at NGSMIPS on the 26th September 2022 on occasion of the 25th of September World Pharmacist Day. The theme for the 2022 World Pharmacist Day was –'Pharmacy United in action for a healthier world'. The event was attended by Prof. Dr. Jayaprakash Shetty K., Vice-Dean (Admin), K S Hegde Medical Academy, Nitte DU as the Chief Guest with Prof. Dr. C. S. Shastry, Principal, NGSMIPS presiding over the occasion. Two eminent pharmacists, Mrs. R.S. Nalini, Registered Pharmacist, Vaibhavalaxmi Medical, Kodical and Mr. Taranath Rai B., Registered Pharmacist, Padmashree Medicals, Puttur were also felicitated on this occasion. After seeking the blessings of the Almighty followed the welcome address that was delivered by Prof. Dr. R. Narayana Charyulu, Vice-Principal, NGSMIPS. The Chief Guest, Prof. Dr. Jayaprakash addressed the gathering and highlighted the importance of pharmacy and pharmacists in the present-day scenario. Followed by the felicitation of the special guests and later on the winners of the logo and slogan competition that were conducted in connection with 'World Pharmacist Day' were awarded.

World Heart Day

The Youth Red Cross unit of NGSMIPS celebrated World Heart Day on 29th September 2022. This unit organized a guest lecture on the topic 'World Heart Day and Paradigm shift in Heart Failure Therapy' by Dr. Dilip Johny, Sr. Lecturer, Department of Cardiology, K S Hegde Medical Academy, Mangalore. Dr. Dilip Johny delivered his lecture and in the presentation, he explained about the theme 'Use Heart for Every Heart' proposed by WHO for the celebration of 'World Heart Day' for the year 2022. He has informed the gathering about the changes in therapeutic regime for the heart failure and also advised them to be cautious and alert about the health.

Department Activities

Department of Pharmaceutical Chemistry

1. Ambily P.G., Jane Mathew, Sudhina M. Analysis of Leaf Extract of Zingiber Officinale by a Hybrid Analytical Technique. *Current Trends in Biotechnology and Pharmacy*, Vol. 16 (3), July 2022, pp:316-328.
2. James, Jainey P., Sasidharan, Pradija Mandal, Subhankar P., Dixit, Sheshagiri R. Virtual Screening of Alkaloids and Flavonoids as Acetylcholinesterase and MAO-B Inhibitors by Molecular Docking and Dynamic Simulation Studies. *Polycyclic Aromatic Compounds*, July 2022.
3. Chaithra R. Shetty, Chandana, C.S Shastri, Dhanya H. Rao, V. Manasa. In-silico Studies, Synthesis and Antioxidant Studies of Different Substituted 7-Phenyl-5-(Thiophen-2-Yl)- 2-Thioxo-2,3-Dihydropyrido[2,3-D] Pyrimidine-4(1h)- Ones. *Indian Journal of Pharmaceutical Education and Research*, 56(3s), July-Sept 2022 pp: s636-s646.

Department of Pharmacology:

1. Patil Santosh F. Shahapurkar, Vishalaxi V. Khanal, Pukar. Effect of an Ayurveda antidote Dooshivishari Agada in carboplatin induced myelosuppression in Male Wistar rats. *Journal of Ayurveda and Integrative Medicine*, Vol. 13, Issue 31, July 2022.
2. Prasanna ShamaKhandige, Zeena Fernandes, Prashant Nayak, ShubhangiS, Prashant Singh. Evaluation of anti-hyperlipidemic activity of Euphorbia Hirta bark against triton ® WR 1339 induced hyperlipidemia. *International Journal of Health Sciences*, Vol. 6(S8), Aug 2022, pp: 3045–3055.
3. Ishani Bhat, R.J. Madhura, Murali Badanthadka, BangeraSheshappa Mamatha. Cow ghee as an efficient carrier to improve oral bioavailability of lutein. *Food Chemistry*, Vol. 389, Sept 2022.
4. Prakash D'Souza, Ullasa, Chandrashekar K.S. Krishnapriya M., Bhowmick, Parthaa, Pai, Vasudev. Chemical Composition and Antiepileptic Activity of Ethanolic Stem Extract of Cucurbita moschata on Experimental Models. *Latin American Journal of Pharmacy*, Vol. 41, Issue 7, 2022, Pp: 1353 – 1360.

Department of Pharmaceutics:

1. Anisha Roshal Rodrigues, Prashant Nayak*, Ananya Pai. Medicated Chocolates, Candies and Gummies: The Pediatrics Joy. *Pharma Times* - Vol. 54 - No. 07, July 2022.

2. Chopra, Hitesh; Bibi, Shabana*, Goyal, Rajat, Gautam, Rupesh K.; Trivedi, Rashmi; Upadhyay, Tarun Kumar; Mujahid, MohdHasanf; Shah, Mohammad Ajmal; Haris, Muhammad; Khot, Kartik Bhairu; Gopan, Gopika; Singh, Inderbira, Jin Kyu Kim, Jobin Jose*, Mohamed M. Abdel-Daim, Fahad A. Alhumaydhi, Talha Bin Emran* and Bonglee Kim. Chemopreventive Potential of Dietary Nanonutraceuticals for Prostate Cancer: An Extensive Review. *Frontiers in Oncology*, Vol. 1212, July 2022.
3. Grace Sebastian, Sneha Priya, Jainey P. James, Abhilash M. M., Sannidhi, Vinay Kiran Prabhu. Computational Tools Assisted Formulation Optimization of Nebivolol Hydrochloride Loaded Plga Nanoparticles By 32 Factorial Designs. *International Journal of Applied Pharmaceutics*, Vol 14, Issue 4, July-Aug 2022, pp:251-258.
4. Narayana Charyulu, Rompicherla, Punam Joshi, Amitha Shetty, Kalvatala Sudhakar, Hawraz Ibrahim M. Amin, Yachana Mishra, Vijay Mishra, AqeelAlbutti and Naif Alhumeed. Design, Formulation, and Evaluation of Aloe vera Gel-Based Capsaicin Transemulgel for Osteoarthritis. *Pharmaceutics*, 14, Aug, 1812, 2022.
5. Renjith P. Johnsona, Chandrahas Koumar Ratnacaram, Lalit Kumarb, Jobin Jose. Combinatorial approaches of nanotherapeutics for inflammatory pathway targeted therapy of prostate cancer. *Drug Resistance Updates* Sept 2022.
6. Delna Joy, Jobin Jose, Shabana Bibi, Akshay Bandiwadekar, Gopika Gopan, Clara Mariana Gonçalves Lima, Talha Bin Emran, Fahad A. Alhumaydhi, Harsha Ashtekar, Sandeep D. S., Carlos Adam Conte-Junior. Development of Microneedle Patch Loaded with Bacopa monnieri Solid Lipid Nanoparticles for the Effective Management of Parkinson's Disease. *Bioinorganic Chemistry and Applications*.

Department of Pharmacy Practice:

1. Amala Johnson, Akshay Abraham Thomas, Shanty Mary Jose, Uday Venkat Maeti, Adithi Kellarai, Shraddha Shetty, Raushan Kumar Chaudhary, Kala Bahadur Rawal. Assessment of Potential Drug-drug Interactions among Ischaemic Stroke Patients in a Charitable Hospital. *Journal of Clinical and Diagnostic Research*. Vol. 16. No.7 July, 2022, pp: 31-36.

2. Shabeer Ali Thorakkattil, SuhajAbdulsalim, Mohammed Salim Karattuthodi, Mazhuvanchery Kesavan Unnikrishnan, Muhammed Rashid and Girish Thunga. COVID-19 Vaccine Hesitancy: The Perils of Peddling Science by social media and the Lay Press. Vaccines, Vol. 10, Issue 7, July 2022.
3. Shreyas K, Ananthesh L, Varshini Sathish, Ujwala Achar M, Bharath Raj K C and Narendra Pai. An update on efficacy and safety of alpha-blockers in the treatment of distal ureteric stones: narrative review. African Journal of Urology, 28:43, 2022.

Faculty Achievements

- Dr. Pankaj Kumar has been awarded first prize for Scientific e-poster titled 'Design and evaluation of alphasglucosidase inhibitory activity of benzopyran-2-one fused ozadiazole derivative' under Category II: Synthetic Chemistry. The award was given in the E-Symposium on Integrated Approaches to Drug Discovery and Development – An Update organized by Manipal College of Pharmaceutical Sciences, Manipal from 25th to 27th July 2022.
- Dr. Abhishek Kumar has been awarded consolation prize for Scientific e-poster titled "Design, Synthesis and Antidiabetic Evaluation of Some New Coumarin Incorporated 1,3,4-Oxadiazole Derivatives" under Category II: Synthetic Chemistry. The award was given in the E-Symposium on Integrated Approaches to Drug Discovery and Development – An Update organized by Manipal College of Pharmaceutical Sciences, Manipal from 25th to 27th July 2022.
- Dr. Santanu Saha has been awarded second prize for poster presentation titled 'Evaluation of immunomodulatory effect of aqueous extract of Bauhinia variegata L. leaves'. The award was given in the 25th Annual National Convention APTICON 2022 held at JSS College of Pharmacy, Mysore from 2nd to 4th September 2022.
- Dr. Murali Badanthadka has been awarded outstanding researcher award in recognition to the contribution towards the field of education by Wizdom Ed. & Abhijanya Education Private Limited Awe Awards held at Ocean Peral, Mangalore on 5th September 2022.
- Dr. R. Narayana Charyuly has been awarded Best Teacher of NGSM Institute of Pharmaceutical Sciences for year 2022 on 15th September 2022

- Dr. Marina Koland awarded Best Poster Award for poster presentation titled 'Duel Effect of Chicken Feather Keratin and Bacitracin Zinc in the Rapid and Effecting Healing of Dermal Wounds from a Novel Dressing' in Manipal Pharmaceutics Conference held at Manipal College of Pharmaceutical Sciences from 22nd to 24th September 2022.
- Dr. Unnikrishnan M. K., Assistant Professor, participated as resource person in the two-day National Workshop on Recent Trends in Scientific Publications and Research Methodology held from 22nd to 23rd July 2022, organised by Pushpagiri College of Pharmacy, Kerala
- Dr. Unnikrishnan M. K., Assistant Professor, delivered a talk on 'Digitisation of the Learning Experience: A Paradigm shift & skill sets for Effective Teaching and Learning' in the one-day CEP Program on 26th August 2022, organised by PSG College of Pharmacy, Coimbatore.
- Dr. Unnikrishnan M K, Assistant Professor, delivered a talk on 'Publishing Science: Accountability & Responsibility: Concerns and Cautions' in the Workshop on 3D's of Biomedical Ethics: Research, practice and Publication held on 27th August 2022, organised by Pharmacy Literacy Club, Dept. of Pharmacy Practice, Manipal College of Pharmaceutical Sciences, Manipal.
- Dr. Uday Venkat Mateti, Assistant Professor, Department of Pharmacy Practice, delivered a talk on 'Clinical Pharmacy Activities of Pharm. D students in the Hospital' on 30th August 2022, at Amity Institute of Pharmacy, Amity University, Uttar Pradesh, Lucknow.
- Dr. C.S. Shastry, The Principal, Department of Pharmacology, delivered a talk on 'Requirements and Conduct of Pre-clinical Safety Studies', in the one-day workshop on Biosafety and Biocontainment: Operational Practices in Healthcare and Research on 22nd September 2022, organised by Institutional Biosafety Committee (IBSC), Nitte (Deemed to be University), Mangaluru.

Student Achievements

Ms. Apurva M. Shetty, I M. Pharm student has been awarded second prize for scientific e-poster titled 'Invitro urease inhibitory activity of Artocarpus Heterophyllus by UV Spectrophotometry' under Category III: Analytical Approaches. The award was given in the E-Symposium on Integrated Approaches to Drug Discovery and Development – An Update organized by Manipal College of Pharmaceutical Sciences, Manipal from 25th to 27th July 2022.

Urban Life and the perils of Prescription- pill dependency

Dr. M K Unnikrishnan, Professor, NGSMIPS

People believe that prescription drugs can cure most ills. Symptoms are mistaken for diseases. Some Indian diabetics, even educated individuals, believe that everything will be OK if you take an extra pill after a sumptuous feast. In USA, overdose of prescription drugs kills more people than traffic accidents. In 2014, as many as 1.3 million Americans needed hospitalisation to treat adverse drug reactions. Of them, more than a lakh died of the medicines they took. Even more shockingly, many deaths were preventable. Life expectancy in USA fell for three years in a row, after rising steadily from 1959 to 2014, suggesting that medicines are beginning to do more harm than good.

Dr. Vinay Prasad, Oregon Health & Science University, said that the urban pill culture is “encouraged by marketing by drug companies and a harried healthcare system”. In knowledge intensive Pharma domain, 'knowledge asymmetry' is but the natural consequence of the highly abstruse, perpetually changing healthcare profession. Paradoxically (and tragically too), patients in developing countries with poor insurance cover, pay for medicines without knowing anything about what they take or why. Thus, regulation of pharma becomes the primary responsibility of the state.

Approvals come at a heavy price because regulatory diligence cannot happen without experts. Regulations add to medicine costs. Taxpayers have to pay. The role of the community Pharmacist should be evaluated in this context. India is producing and exporting medicines to more than 200 countries. And yet, India has a very poor record in drug utilisation. Pharmacy professionals do not take interest in community pharmacy. The recently introduced Pharm D programme has not succeeded optimally.

The government should consider legislations for advancing the role of community pharmacists. India has witnessed legislations that create social needs, unlike Western democracies where social needs create appropriate legislations. Indians are law abiding. For instance, take smoking behaviour. You hardly see anybody smoking today after the ban on smoking in public spaces. Political will can transform India.

CONGRATULATIONS DEAR STUDENTS

M.PHARM SEMESTER TOPPERS – SEPTEMBER 2022



Ms. Ananya Pai K
M.Pharm IV Semester
(Pharmacology)
SGPA: 10 (481/500)



Ms. Anjana Madhusoodanan
M.Pharm IV Semester
(Pharmacy Practice)
SGPA: 10 (476/500)



Ms. Ballal Shruti
M.Pharm IV Semester
(Pharmaceutics)
SGPA: 10 (472/500)



Ms. Alafia A Matcheswala
M.Pharm IV Semester
(Pharm Regulatory Affairs)
SGPA: 10 (465/500)



Ms. Anusha S.
M.Pharm IV Semester
(Pharmaceutical Chemistry)
SGPA: 10 (479/500)



Mr. Ashwin Raj
M.Pharm IV Semester
(Pharm. Quality Assurance)
SGPA: 9.05 (443/500)

CONGRATULATIONS DEAR STUDENTS

B.PHARM SEMESTER TOPPERS - AUGUST 2022



Ms. Shravya D Rai
I Place (B.Pharm II Sem)
SGPA 9.48 (488/550)



Ms. Sanjana Poojari
II Place (B.Pharm II Sem)
SGPA 9.45 (491/550)



Ms. Greeshma B J Shetty
III Place (B.Pharm II Sem)
SGPA 9.45 (484/550)



Ms. Nisarga
I Place (B.Pharm IV Sem)
SGPA 9.35 (611/550)



Ms. Adhwitha Rai K S
III Place (B.Pharm IV Sem)
SGPA 9.21 (609/550)



Ms. Sharanya
I Place (B.Pharm VI Sem)
SGPA 8.87 (627/750)



Ms. Shivani
II Place (B.Pharm VI Sem)
SGPA 8.60 (619/750)



Ms. Verginia Stephnay Pinto
III Place (B.Pharm VI Sem)
SGPA 8.60(608/750)



Ms. Kesiya Mol Sabu
II Place (B.Pharm VIII Sem)
SGPA 9.27 (480/550)



Mr. Ashish Subrahmanya
III Place (B.Pharm VIII Sem)
SGPA 9.27(469/550)



Mr. Krishna Kishore H G
I Place (B.Pharm VIII Sem)
SGPA 9.27 (490/550)



Ms. Melria Cryshal Saldanha
II Place (B.Pharm IV Sem)
SGPA 9.29 (601/550)

CONGRATULATIONS DEAR STUDENTS

D.PHARM TOPPERS – AUGUST / SEPTEMBER 2022



I Place
Ms. Fathimath Rizana
I D.Pharm (898/1000)



II Place
Ms. Vedha N Reddy
I D.Pharm (892/1000)



III Place
Mr. Raju Lamani
I D.Pharm (854/1000)



I Place
Ms. Nivedita Chandru Naik
II D.Pharm (844/1000)



II Place
MS. P Lekhana
II D.Pharm (838/1000)



III Place
Ms. Akshatha
II D.Pharm (807/1000)